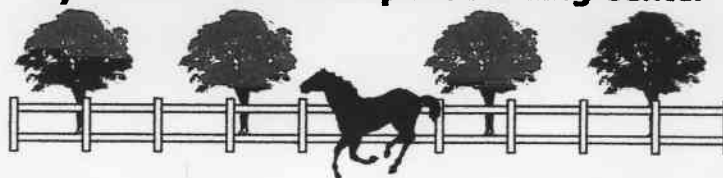


## **Sycamore Lane Therapeutic Riding Center**



### **Sycamore Lane Dress Code**

- 1. Boots or shoes with smooth soles that have heels are preferred**
- 2. Tennis shoes may be used with special stirrups**
- 3. No open toe shoes nor thongs (flip/flops) are allowed**
- 4. No sharp items in your pockets**
- 5. Gloves in the winter are mandatory**
- 6. Helmets while riding are mandatory**
- 7. Helmets are mandatory for riders at all times when around the horses..**
- 8. Jean pants, comfortable pants, riding breeches are recommended**
- 9. Shorts are not acceptable for riding unless the weather is hot and they must not be too revealing.**
- 10. Therapeutic riders/Hippotherapy riders must have a change of clothes**
- 10. Tank tops/exercise tops are fine, but strapless tops/spaghetti straps /plunging necklines are not acceptable**
- 11. Must not have short shirts where abdomen is exposed**
- 12. Must not have underwear exposed.**
- 13. To prevent exposure, appropriate warm clothes must be worn in cold temperatures.**

**\*\* These rules include NARHA standards and may be updated at any time\*\***